

T O S K A S P A

& F A C I A L B A R

Basic Home Care Regimen Instructions

1. Cleansing Care: Soak a cotton pad with Eau Micellaire Biosensible/Solution Démaquillante Pour Les Yeux to gently cleanse your face, eye area and décolleté. Do not rinse.

2. Cleansing Milk: (morning and evening) Apply a small amount of cleanser on the face, neck and the décolleté. Emulsify with small circular movements. Remove with slightly moist pads.

3. Lotion P50: (morning and evening) Apply a small amount of your exfoliator on a cotton pad and gently pat over the face, neck and décolleté. For the first two weeks of use, you may choose to dampen the cotton pad before applying your exfoliator to dilute the product.

4. Masks: Apply a generous layer and leave on for 15 to 20 minutes. Remove with cool water, unless otherwise recommended.

5. Serums: (morning and evening) Apply 10 drops (or 3 pumps) in the palm of your hand and pat onto the face, neck and the décolleté. You may layer multiple serums.

6. Eye Contour: (morning and evening) Apply a small amount of eye cream and massage lightly until complete absorption of the product.

7. Creams: (morning and evening) After using the previous serums, apply a hazelnut-sized amount on the face, neck and décolleté.

8. Finishing Serum: (morning and evening) Apply 5 drops (or 3 pumps) in the palm of your hand and pat onto the face, neck and the décolleté.

9. Sunblock: As your last step, apply a generous amount to cover the face, neck, décolleté and hands. (re-apply during prolonged sun exposure)

Please note: The P in P50 stands for peel as it is gently exfoliating your skin so there is no need for additional harsh peels. The 50 stands for 50 days or two epidermal cycles necessary for your skin to re-balance. A slight tingle or "pinkness" is normal. Best results are achieved when you use the full regimen as prescribed. While your skin acclimates to the P50 it is advised that you cut back or discontinue the use of any products containing acids (AHA/BHA's) or retinols (vitamin A). This process takes about 4-8 week

“The key to beautiful skin is consistency.”

- Toska Husted